

Tribhuvan University
Faculty of Humanities and Social Sciences

Bachelor of Arts in Sociology
Courses of Study 2019



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Central Department of Sociology

Tribhuvan University

Kirtipur

Phone No.: 014331852

2019



Bachelor of Arts in Sociology

The course Sociology offers altogether 8 papers including a elective paper in third year. Out of them there are seven compulsory papers for sociology group; two in each first year, second year and fourth year and one elective in third year. The student may opt for one optional courses in the third year outside from any other social sciences.

Objectives

The objective of these courses is to impart up-to-date knowledge on introduction to sociology with basic ideas on sociological theories, methods and relevant empirical studies including primary training in field-work and secondary data analysis throughout the courses of study from the first year to the fourth year. It also provides skill with analytical capability understanding different aspects and dynamics of Nepalese of society. The second objective is to provide semi-skilled human resource for Nepal's development needs. The third objective is to inculcate in the students the spirit of human rights and social justice. Thus the overall objective is to develop professional skill, in both theory and research, in sociology in the students of this discipline at a par with those of other countries.

Admission Criteria

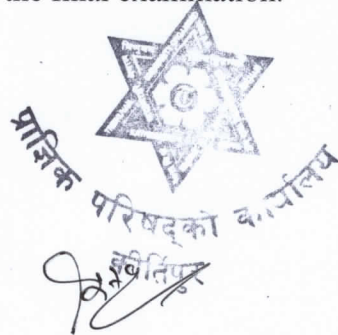
A student holding a proficiency certificate level or 10+2 degree or its equivalent degree in any of the following subjects recognized by Tribhuvan University is considered eligible to apply for admission.

- Sociology; Anthropology; Social Work; Nepalese History, Culture and Archaeology; Psychology; history; Home Science; Geography; Economics; and Political Science.
- Any discipline from faculty of education, management and law
- Any discipline from institute of medicine, engineering, forestry, agriculture, animal science, and science and technology

An applicant seeking admission to B.A. Sociology must meet the criteria set up by the Office of the Dean, Faculty of Humanities and Social Sciences, Tribhuvan University. The applicant who fails to meet the set criteria or does not hold a minimum qualifying degree will not be given admission. Admission of the students will be based strictly on the rules and regulations and on the enrollment capacity of the Department of Sociology in any campus.

Duration of the Course and Examinations

The duration of the course is of four years with four academic sessions. There is an university examination, in each year, at the end of each year. The student should meet the criteria set by the Dean's Office, Faculty of Humanities and Social Sciences of Tribhuvan University and also by Campus to appear in the final examination.



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Overall Distribution of Subjects for three Academic Years
Subject Code, Title, and Full Marks

First Year

Paper	Code No.	Subject	Full Marks	Remarks
1	So421	Introduction to Sociology	100	Compulsory
2	So422	Dynamics of Nepali Society	100	Compulsory

Second Year*

Paper	Code No.	Subject	Full Marks	Remarks
3	So423	Sociological Theories	100	Compulsory
4	So424	Research Methods in Sociology	100	Compulsory

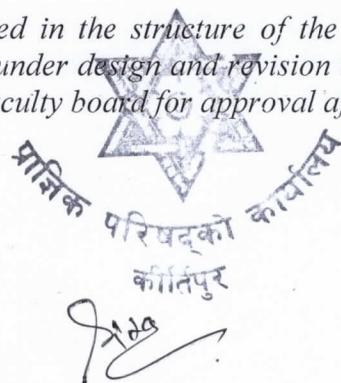
Third Year*

Paper	Code No.	Subject	Full Marks	Remarks
5	So425	Sociology of Democracy, Diversity and Inequality	100	Compulsory
6	So410	Program Designing and Evaluation	100	Elective

Fourth Year*

7	So427	Sociology of Development	100	Compulsory
8	So428	Academic Research and Writing	100	Compulsory

Note: The course included in the structure of the second, third and the fourth year are proposed only. They are under design and revision in terms of title and content. The courses will be submitted to the faculty board for approval after complete revision.



First Year

So421: Introduction to Basic Sociology

Full Marks: 100 (70+30)

Teaching hours: 150

Course Description. This course is an introductory part of three years courses of study of Bahachelor's of Arts in Sociology. It introduces with basic concepts in Sociology focusing on theory, perspective and method. It also highlights on society and sociology; key contributions in classical sociology; doing research sociologically; class, stratification and inequality; micro and macro social institutions; and understanding social change.

Objectives. The main objective of this course is to enable students to comprehend with basic concepts in Sociology including social institutions; family, marriage, economy, education, social stratification and social inequality; and social change. It also aims to develop analytical skill with students engaging them in fieldwork and report writing.

1. Understanding Society and Sociology

(15 hrs)

- a) The building blocks of society
 - Social interaction
 - Social structure (interactions, institutions, societies)
 - Social interaction in everyday life
- b) Understanding society sociologically
 - Social structural approach (Norbert Elias)
 - Sociological imagination (C. Wright Mills)
 - The sociology of knowledge (Berger and Luckman)
 - Comparative historical approach (Charles Tilly, Michael Mann)
- c) Contemporary transformations in Nepali society

Required readings:

Smelser, Neil J. (1993) Sociology, 4th edition, New Delhi: Prentice-Hall of India (Chapter 5: Social interaction, pp. 39-53; 75-98).

Berger, P. L., and T. Luckman (1991). The Social Construction of Reality: A Treatise in Sociology of Knowledge, New York: Irvington Publishers (The social interaction in everyday life, pp. 13-30; 43-48)

Elias, Norbert (1994) The Civilizing Process, the first English ed., Oxford: Blackwell (Annex 1, pp. 181-187).

Mills, C. Wright. The Sociological Imagination, London: Oxford University Press (The promise, pp. 3-13).

Comparative-Historical Sociology. Encyclopedia of Sociology. Encyclopedia.com. 12 August, 2019 < <https://www.encyclopedia.com/social-sciences/encyclopedias-almanacs-transcripts-and-maps/comparative-historical-sociology>>.

Mishra, Chaitanya (2011) Badlido Nepali Samaj, Kathmandu: FinePrint (Chapter 1: Transformation of Nepali society, pp. 1-35).

2. Key contributions in Classical Sociology (15 hrs)

- a) Contributions of classical sociologists
 - Auguste Comte
 - Karl Marx
 - Emile Durkheim
 - Max Weber
- b) Sociology in Nepal: Institutional, academic and research history

Required readings:

Coser, L. A. (1977). Masters of sociological thought: Ideas in historical and social context (2nd ed.). New York: Harcourt Brace Jovanovich (pp. 3-13; 43-57; 129-143; 217-234).

Subedi, Madhusudan and Devendra Uprety (2014) The State of Sociology and Anthropology: Teaching and Research in Nepal, Kathmandu: Martin Chautari (Institutional History of Sociology and Anthropology, pp. 3-7).

Luintel, Youba Raj (2019) Why Sociology and Anthropology Department at Tribhuvan University had to split? an inside story of political-academic muddling, paper presented at the International Conference on Sociology of Nepal, 3-5 August 2019, Lalitpur, Nepal Sociological Association.

3. Science and Sociology (10 hrs)

- a) Is sociology a science?
- b) Research philosophy: positivism and interpretivism
- c) The method and process of social research
- d) Understanding cause and effect
- e) Doing fieldwork and collecting data

Required readings:

Giddens, Anthony (2001) Sociology, 4th ed., Cambridge: Polity Press (Sociological research method, pp. 638-657).

Ryan, Gemma (2018). Introduction to positivism, interpretivism and critical theory. Nurse Researcher, 25(4) pp. 41-49 (available at: Open Research Online, <http://oro.open.ac.uk/49591/17/49591ORO.pdf>).

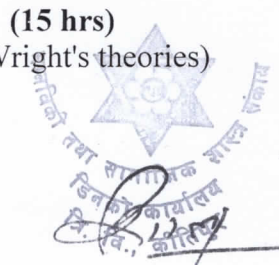
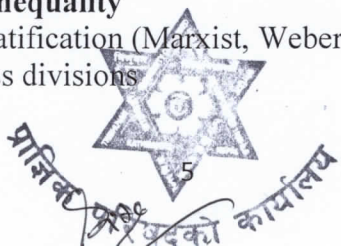
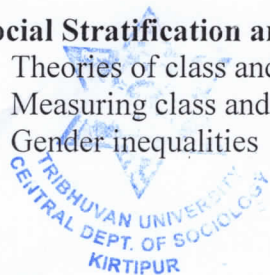
Bryman, A. (2012) Social Research Methods, 5th ed., Oxford: OUP (Chapter 1, Nature and process of social research, pp. 3-14).

Giddens, Anthony (2001) Sociology, 4th ed., Cambridge: Polity Press (Sociological research method, pp. 638-657).

Giddens, Anthony (2001) Sociology, 4th ed., Cambridge: Polity Press (Sociological research method, pp. 638-657).

4. Social Stratification and Inequality (15 hrs)

- a) Theories of class and stratification (Marxist, Weberian and E. O. Wright's theories)
- b) Measuring class and class divisions
- c) Gender inequalities



- d) Class and social mobility
- e) Aspects of class and caste hierarchies in Nepali society

Required readings:

Giddens, Anthony (2001) *Sociology*, 4th ed., Cambridge: Polity Press (Class, stratification and inequality, pp. 283-303).

Smelser, Neil J. (1993) *Sociology*, 4th edition, New Delhi: Prentice-Hall of India (Class and social mobility, pp. 173-179).

Luintel, Youba Raj (2018) *Caste and Society: Changing Dynamics of Inter-Caste Relations in Nepal*, Kathmandu: Academic Book Center (Disposition of contemporary caste hierarchy, pp. 69-99).

Luintel, Youba Raj (2018) *The Expanding and Consolidating Middle Class in Post-1990 Nepal: A Framework of Analysis*, a conference paper presented in the 7th Annual Kathmandu Conference on Nepal and the Himalaya, 25-27 July 2018, Social Science Baha.

Gautam, Tika Ram (2017). *Ethnicity, Access to Education and Inequality in Nepal. Contemporary Social Sciences*, 26 (1): 17-48.

5. Micro Social Institutions

(15 hrs)

1. Structures and functions of basic social institutions
 - Marriage
 - Family
2. Variations in family: single parents, cohabitation, same-sex couples, staying single, divorce and remarriage, intimate violence
3. Globalization and family life

Required readings:

Ember, C. R and Melvin Ember (1993) *Anthropology*, 6th edition, New Delhi: Prentice-Hall of India, (Marriage, pp. 326-343).

Haralambos, Michael (1980) *Sociology: Themes and Perspectives*, Delhi: Oxford University Press (The family, pp. 325-355).

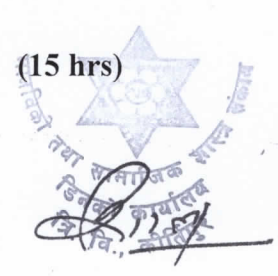
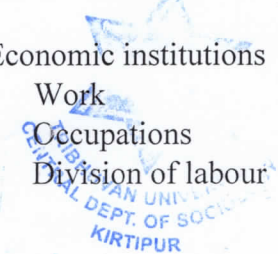
Little, W. (2014) *Introduction to Sociology - 1st Canadian Edition*. Victoria, B.C.: BCCampus. Available at <https://opentextbc.ca/introductiontosociology/>, (pp. 446-451, 455-460).

Mills, Melinda (2014) "Globalisation and family life," in Angela Abela and Janet Walker (eds.) *Contemporary Issues in Family Studies: Global Perspectives on Partnerships, Parenting and Support in a Changing World*, West Sussex: John Wiley & Sons, pp. 249-259.

6. Macro Social Institutions

(15 hrs)

- a) Economic institutions
 - Work
 - Occupations
 - Division of labour



- Transformation of work
- b) Political institutions
 - Power and politics (Functionalist and Marxist perspectives)
 - The elite theory
 - Pluralism
 - Voting behaviour
 - The democratic idea
- c) Educational institutions
 - Education (functionalist, liberal and Marxian perspectives)
 - Class and educational attainment
 - Education, opportunity and inequality

Required readings:

Giddens, Anthony (2001) *Sociology*, 4th ed., Cambridge: Polity Press (Work and economic life, pp. 372-387).

Haralambos, Michael (1980) *Sociology: Themes and Perspectives*, Delhi: Oxford University Press (Power and politics, pp. 98-139; 172-225).

Little, W. (2014) *Introduction to Sociology - 1st Canadian Edition*. Victoria, B.C.: BCcampus. Available at <https://opentextbc.ca/introductiontosociology/>, (pp. 141-160).

7. Understanding Social Change

(15 hrs)

1. Change, development and progress
2. Theories of social change
3. Factors in social change
4. Types of social change
5. Social change in developing countries
6. Globalization, social change and Nepal

Required readings:

Bottomore, T. B. (1975) *Sociology: A Guide to Problems and Literature*, New Delhi: Blackie & Son (India) Ltd. (Types of social change, pp. 308-310; 283-291; 303-308).

Smelser, Neil J. (1993) *Sociology*, 4th edition, New Delhi: Prentice-Hall of India (Theories of social change, pp. 390-398)

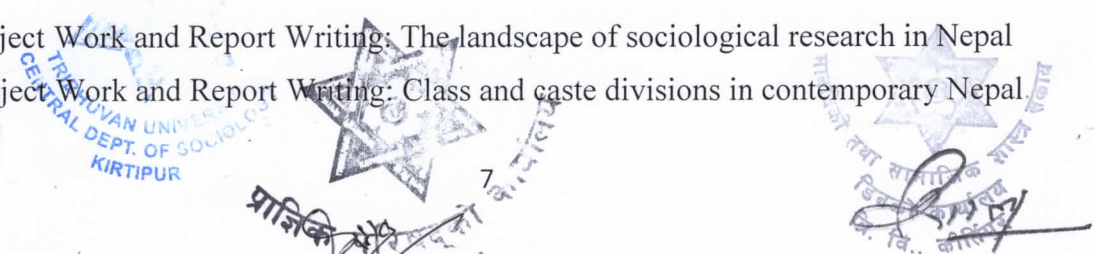
Fisher, James F. (2011) *Globalisation in Nepal: Theory and Practice*, The Mahesh Chandra Regmi Lecture 2011, Kathmandu: Social Science Baha, pp. 4-20. (Available at: <https://soscbaha.org/downloads/mcrl2011.pdf>).

8. Practicum: Project Work and Report Writing

(50 hrs)

As a part of practicum the following project works should be assigned to the students after the completion of each unit:

- a) Project Work and Report Writing: The landscape of sociological research in Nepal
- b) Project Work and Report Writing: Class and caste divisions in contemporary Nepal



- c) Project Work and Report Writing: The changing landscape of marriage, family, households and kinship and relatives in Nepali society
- d) Project Work and Report Writing: The changing landscapes of economy, politics and education in Nepal (before 1990s, after 1990s and post-2015)
- e) Project Work and Report Writing: Historical overview of social change in Nepal (before 1990s, after 1990s and post-2015)

Students are divided into groups and will be assigned doing project work and writing report, as project work, under the guidance of assigned faculty member(s). Such a project work will be based either on fieldwork or online/archival search. Each group will submit a report in a format of a proper academic writing within specified time. Each group of students will present their research findings in the viva-voce organized by the department/campus. This viva-voce together with the reports submitted by the student will be the basis of final evaluation of 30 marks allocated to practicum.



**So422: Dynamics of Nepali Society
(Theory and Practical)**

Full Marks: 100 (70+30)

Teaching hours: 150

Course Description:

This course aims to familiarize the students by engaging them with the transformations that Nepali society is undergoing in caste/ethnicity, economy, education, health, regionalism, politics, and social demography.

Objectives:

The main objective of this course is to familiarize the students with some of the fundamental features of Nepali society; social demography, economy, politics from a Sociological perspective, thereby enhancing their capacity to engage intensively with discussion/debates of contemporary issues in Nepali society. It also aims to develop the students' research and writing skills by engaging them in practical aspects focusing on the core issues of Nepali society from the sociological perspectives.

Unit I: Dynamics of Contemporary Nepali Society

(20hrs)

1. Identity and ethnicity: concept and debate
2. Inclusion and exclusion: concept and debate
3. Nationalism: conceptual debate and practice
4. Federalism: concept, models, application
5. Secularism: conceptual debate and practice

Required Readings:

- Mishra, Chaitanya. 2010. Nepali Samajako Rupantaran (Adhyaya 1). In *Badlindo Nepali Samaj* edited by Rajendra Maharjan. Kathmandu: Fine Print.
- Gautam, Tika Ram. 2012. "Dynamics and Dilemma in Nation-Building: Issues of Inclusion in Public Sphere in Nepal". *Proceedings of the 4th Next-Generation Global Workshop, November 24-25, 2011*:410-429. Japan: Kyoto University.
- Oomen, TK. 2012. "Ethno-nationalism and Building National States in South Asia: Towards Federalization". Pp. 6-16 in *Ethnicity and Federalization in Nepal*, edited by Chaitanya Mishra and Om Gurung. Kathmandu: Central Department of Sociology/Anthropology.
- Mishra, Chaitanya. 2012. "Nepalma Jatiya Ubhar ra Sanghiyakaranko Sandarbha" ("Ethnic Upsurge in Nepal: Implications for Federalization" translated into Nepali by Tika Ram Gautam). Pp. 41-71 in *Bichar Bishesh*, edited by Dilliram Subedi and Coordinated by Gagan Thapa. Kathmandu: Public Policy Pathshala.
- Pandey, Tulsiram. 2012. "Quest of the Federal State: Understanding Issues of Social Diversity and Difference". Pp. 251-275 in *Ethnicity and Federalization in Nepal*, edited by Chaitanya Mishra and Om Gurung. Kathmandu: Central Department of Sociology/Anthropology.
- Gellner, David N. 2008. "Ethnicity and Nationalism in the World's only Hindu State". Pp. 3-32 in *Nationalism and Ethnicity in Nepal*, edited by David N. Gellner, Joanna Pfaff-Czarnecka and John Whelpton. Reprinted and Published in Nepal. Kathmandu: Vajra Book Shop.
- Gurung, Harka. 2008. "State and Society in Nepal". Pp. 495-532 in *Nationalism and Ethnicity in Nepal*, edited by David N. Gellner, Joanna Pfaff-Czarnecka and John Whelpton. Reprinted and Published in Nepal. Kathmandu: Vajra Book Shop.

Luintel, Youba Raj and Madhusudan Subedi. 2014. *Changing Dynamics of Intercaste Relations in Nepal*. A Research Report Submitted to University Commissions, Sanothimi Bhaktapur.

Sharma, Sudhindra. 2004. Hindu Adhirajya ra Dharma Nirepechhyata. In Nepalko Sandarvama Samajshastriya Chintan, Mary DesChene and Pratyoush Onta, Eds, pp. 475-521. Kathmandu: Social Science Baha.

Unit II: Economy and Society

(25 hrs)

1. Socio-economic history of Nepali society
2. The land tenure and taxation system in a historical perspective
3. The Growth of Development planning in Nepal
4. Modes of production and social structure
5. Foreign labor migration, remittance and impact on national economy

Required Readings:

Regmi, Mahesh Chandra. 1999. *A Study in Nepali Economic History*. Second Reprint. Chapters ??? Delhi: Adroit Publishers.

Regmi, Mahesh Chandra. 1999. *Landownership in Nepal*. First Indian Reprint. Chapter 1 & 2, pp. 1-21. Delhi: Adroit Publishers.

Fisher, James F. 2011. *Globalization in Nepal: Theory and Practice*. The Mahesh Chandra Regmi Lecture 2011. Kathmandu: Social Science Baha.

Mishra, Chaitanya. 2014. "Nepalko Bartaman ArthikAbastha:Antarbata". Pp. 190-196. In *Punjibadra Nepal*. Reprint. Chapter 2. Kathmandu: Fine Print.

Adhikari, Jagannath. 2004. Garibi ra Garibi Mapan Sambandhi Kehi Saidhantik Vishleshan. In Nepalma Garibiko Bahas. Bhaskar Gautam, Jagannath Adhikari and Purna Basnet, eds., pp. 25-48. Kathmandu: Martin Chautari.

Adhikari, Jagannath. 2004. Nepalma Garibiko Sthiti: Eitihāsik Vivechana. In Nepalma Garibiko Bahas. Bhaskar Gautam, Jagannath Adhikari and Purna Basnet, eds., pp. 49-67. Kathmandu: Martin Chautari.

Bandita Sijapati and Amrita Limbu. *Governing Labor Migration in Nepal: An Analysis of Existing Policies and Institutional Mechanisms* (Chapter 1), pp.1-24. Kathmandu: Himal Books.

Seddon, David, Ganesh Gurung, and Jagannath Adhikari. 1998. "Foreign Labour Migration and the Remittance Economy of Nepal". *Himalaya, the Journal of the Association for Nepal and Himalayan Studies*: Vol. 18: No. 2.

Unit III: Education, Health and Society

(15hrs)

1. Historical development of education in Nepal
2. Education, nationalism and social Change
3. Health and health systems in Nepal

Required Readings:

Bhatta, Pramod. 2009. "Sixty Years of Educational Development in Nepal". Pp. 1-18 in *Education in Nepal: Problems, Reforms and Social Change*, edited by Pramod Bhatta. Kathmandu: Martin Chautari.

Parajuli, Lokranjan. 2012. From Controlling Access to Crafting Minds: Experiments in Education in Late Rana Nepal. *Studies in Nepali History and Society* 17(2): 297-331.

Gautam, Tika Ram (2017). Ethnicity, Access to Education and Inequality in Nepal. *Contemporary Social Sciences*, 26 (1): 7-48.

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- Gautam, Tika Ram (2017). Ethnicity, Nutrition Status and Inequality in Nepal. *Research Highlights*, IV (4):84-93.
- Skinner, Debra and Dorothy Holland. 2009. "Schools and the Cultural Production of the Educated Person in a Nepalese Hill Community". Pp. 295-332 in *Education in Nepal: Problems, Reforms and Social Change*, edited by Pramod Bhatta. Kathmandu: Martin Chautari.
- Nakarmi, Sudeep Singh. 2010. Newarbhitraka Shaikshik Asamanata ra Samaveshikaranko Bahas. *Studies in Nepali History and Society* 15(1): 143-169.
- Mishra, Chaitanya. 2010. Shiksha ra Swasthyako Rajniti (Adhyaya 4), pp. 150-189. In *Badlindo Nepali Samaj* edited by Rajendra Maharjan. Kathmandu: Fine Print.
- Onta, Sharad. 2005. Janaswasthya ra Rajya. In *Swasthya, Samaj ra Rajniti*. Bhaskar Gautam and Anil Bhattarai, eds., pp. 1-35. Kathmandu: Martin Chautari.

Unit IV: Politics and Society

(20hrs)

1. Nepali culture and society: an historical overview
2. The process of nation-building
3. The evolution of Nepali nationhood
4. Ethnicity, nationality and culture
5. Diversity and national integration
6. Constitutions of Nepal

Required Readings:

- Sharma, Prayag Raj. 2006. "Nepali Culture and Society: An Historical Overview". Pp.3-36 in *The State and Society in Nepal: Historical Foundations and Contemporary Trend* by Prayag Raj Sharma. Second Reprinting. Kathmandu: Himal Books.
- Hachhethu, Krishna. 2004. Sansadiya Rajnitik Dal. In *Nepalko Sandarbham Samajshastriya Chintan*. Mary Des Chene and Pratyoush Onta, eds., pp. 42-60. Kathmandu: Social Science Baha.
- Onta, Pratyoush. 2009. "Ambivalence Denied: The Making of *RastriyaItihas* in Panchayat Era Textbooks". Pp. 247-294 in *Education in Nepal: Problems, Reforms and Social Change*, edited by Pramod Bhatta. Kathmandu: Martin Chautari.
- Sharma, Prayag Raj. 2006. "State and Society". Pp.127-184 in *The State and Society in Nepal: Historical Foundations and Contemporary Trend* by Prayag Raj Sharma. Second Reprinting. Kathmandu: Himal Books.
- Sharma, Prayag Raj. 2006. "Nation-building, multi-ethnicity, and the Hindu State". Pp.227-246 in *The State and Society in Nepal: Historical Foundations and Contemporary Trend* by Prayag Raj Sharma. Second Reprinting. Kathmandu: Himal Books.
- Sharma, Prayag Raj. 2006. "Ethnicity and national integration in Nepal: A Statement of the Problem". Pp. 203-210 in *The State and Society in Nepal: Historical Foundations and Contemporary Trend* by Prayag Raj Sharma. Second Reprinting. Kathmandu: Himal Books.
- Pudasaini, Surabhi. 2017. Writing Citizenship: Gender, Race and Tactical Alliances in Nepal's Constitution Drafting. *Studies in Nepali History and Society* 22(1): 85-117.
- Hyome, K. 2006. Madhesipratiko Vibhed ra Samanata Andolan. In *Madhes: Samasya ra Samadhan*. Basanta Thapa and Mohan Mainali, eds., pp. 112-126. Kathmandu: Social Science Baha.
- Ahuti. 2004. Hindu Samajma Dalit Jatiya Muktko Prashna. In *Nepalko Sandarvama Samajshastriya Chintan*, Mary DesChene and Pratyoush Onta, Eds, pp. 475-521. Kathmandu: Social Science Baha.

Gurung, Harka. 2004. Rastriyata ra janajati. In Nepalko Sandarvama Samajshastriya Chintan, Mary DesChene and Pratyoush Onta, Eds, pp. 475-521. Kathmandu: Social Science Baha.
Guneratne, Arjun. 2009. Introduction. In *Regionalism and National Unity in Nepal*, by Frederick H Gaige. Kathmandu: Social Science Baha and Himal Books.

Unit V: Social Demography of Nepal

(20hrs)

1. Notion of social demography
2. Population processes and dynamics (fertility, mortality, migration)
3. Caste and ethnic groups
4. Urbanization

Required Readings:

Sharma, Pitamber. 2014. *Some Aspects of Nepal's Social Demography: Census 2011 Update*. Kathmandu: Himal Books.

Sharma, Pitamber. 2006. Nepalma Saharikaran: Ek Simhavalokan. In Saharikaran: Jeevikako Vividh Aayam. Bhaskar Gautam ra Jagannath Adhikari, eds., pp. 27-74. Kathmandu: Martin Chautari.

Gurung, Harka. 2001. *Nepal Social Demography and Expressions*. Kathmandu: New ERA.

Unit VI: Practicum: Project Work and Report Writing

(50hrs)

Teaching faculty will divide the students into a number of groups and will assign them writing report/paper, as project work, either based on field work or secondary/archival resources focusing on different dimensions of Nepali society, demography, economy, politics, religion, and different contemporary issues. Each group of students will submit an independent research report analyzed through sociological perspective under the guidance of assigned faculty in the format provided by the department/campus. The student will present this report in the viva-voce organized by the department/campus at end of academic year. This viva-voce including the report submitted by the student will be the basis of final evaluation of 30 marks allocated to this practicum.

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